



North Bay And Area NA Newsletter

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Be The We

I recently celebrated one year clean. At a meeting I went to in Washington, DC, last night, something amazing happened that made me really feel the hand of my Higher Power in my life. A friend carved the message "Be the We" on a billiard ball for me for my one year anniversary. I took it with me to my meeting last night to show to people and pass around. And I noticed that the meeting leader was wearing a pin that also said "Be the We." Toward the end of the meeting, I thanked the leader for his share and I talked about how much I loved that particular meeting because my mom had gotten clean in DC in the 1980s. I could imagine her being at this meeting. She died 5 May 2011, while still clean. I was there holding her hand when she died after she had been in a coma for three and a half weeks. When I talked with the leader after the meeting, he said that at some point toward the end of the meeting the pin that also said "Be the We." Toward the end of the meeting, I thanked the leader for his share and I talked about how much I loved that particular

meeting because my mom had gotten clean in DC in the 1980s. I could imagine her being at this meeting. She died 5 May 2011, while still clean. I was there holding her hand when she died after she had been in a coma for three and a half weeks. When I talked with the leader after the meeting, he said that at some point toward the end of the meeting the pin had fallen off his shirt without him even noticing. I had an overall feeling of peace and serenity that night, and I believed that the "coincidence" of the leader wearing the pin and it falling off were signs of my mom being in that meeting with me. I always feel like she is around, but I really believe she and my HP had a part to play in that pin falling off that night. After the meeting, I wrote a poem about how I feel my mother and my Higher Power working in my life. This past year has changed my life and me so much. I don't normally open up to people in my life about the fact that I'm in recovery or about myself in general, but I just wanted to share the magic I felt last night. I feel this NA magic in my life every day by working a program and being guided by something greater than myself, which has helped me to stay clean this past year.

Rachel D, Virginia, USA

INSIDE THIS ISSUE

1	Story/ sharing
2	Calendar of Events/ Announcements
2	Quote
2	Image

Editor Shalen R.

CALENDAR OF EVENTS

July

Karli W 5 years July 20th Online @ 7:30pm

No Area meeting

August

Chris W 5 years August 19th Online @ 7:30pm

Area August 8th Online @ 3:30pm



"My gratitude speaks when I care and when I share with others the NA way"

Narcotics Anonymous
